



Healthy Savings. Healthier Living.

Savings on health and fitness products.

PacifiCare Perks[®] is all about saving you money. Through vendor arrangements, the program offers savings on a wide range of activities, products, and services that can help you live a healthier, safer lifestyle. The savings opportunities are categorized to make it easy for you to find the discounts you need.

Healthy Moms & Kids

Kids have energy to burn and moms burn energy just keeping up.

- Gymboree[®] Play and Music programs. Initial enrollment fee is waived for PacifiCare members, but please keep in mind, programs may vary from state to state.
- Safe Beginnings family safety products. Receive a 20 percent savings on products like baby joggers, outlet covers, nursing pillows and window guards.
- QuitKey[™] smoking cessation products. You'll receive a 20 percent savings on products that can help you break the nicotine habit.
- SleepKey[™] Take advantage of this 20 percent savings when you need help restoring your body's natural sleep patterns – without drugs, right in the privacy of your home.

LifeCare[®]

Get specially negotiated savings and deals on a wide range of products and services, including health clubs, travel and gifts, from this online service.

Weight & Fitness

Being healthy takes a little effort, but it's worth it. PacifiCare Perks[®], through vendor arrangements, makes it more affordable for you with these discounts:

- Weight Watchers[®] programs. Show your PacifiCare ID card at your first meeting. They'll waive the membership fee and give you the Starter and At Home kits at a discount.
- DietMate[®] weight loss aid. Order DietMate products and receive a 20 percent savings.
- Spa Wish[®] gift certificates. Receive a 10 percent discount on gift certificates of \$100 or more. Certificates can be used toward any spa services or products desired, or can be redeemed for a shopping spree at SpaWish.com.



Chiropractic and Acupuncture

Enjoy discounts from 10 to 50 percent on chiropractic and acupuncture care from ACN Group, Inc. For a listing of providers, please visit www.pacificare.com and select Find a Doctor.

Vision Care

When you need vision care, check here for saving on services, procedures and products through these vendor arrangements.

- Tru-Vision. Take advantage of savings on Laser Vision Correction; hard and soft contact lenses; and frames from prestigious designers like Laura Ashley, Eddie Bauer and Flexon.
- Vision Care. Get savings on eye exams, lenses and frames – even a 15 percent discount on LASIK and PRK – from EyeMed Vision Care.¹

Hearing Care & Services

You'll receive special savings on hearing exams, products and services² through a vendor arrangement with Newport Audiology Centers.

- \$25 for comprehensive hearing test
- Hearing aid evaluation at no additional charge
- 35 percent discount on all hearing aids through Newport Audiology

- Lifetime in-office hearing aid service
- One year supply of batteries (up to 48 batteries) per hearing aid purchased

Home and Personal Safety

Savings from these vendors can help you improve the health and safety of your home with products designed to prevent illness and injury around the house. You'll save:

- on crib mattresses, safety gates, outlet covers, door locks, smoke detectors and more at safebeginnings.com.
- 5 percent on online purchases like humidifiers, allergy-free bedding, air and water purifiers and sinus care items from allergybuyersclub.com.
- 10 percent on safety and emergency items like first-aid kits, extra water storage equipment, emergency and disaster preparedness kits, home test kits and other emergency essentials from www.beprepared.com.



For more information, go to www.pacificare.com, select Member/Visitor, choose your state, select Health & Wellness, then select Perks Overview to see just how much you can save with PacifiCare Perks.

¹ Not available in California, due to regulatory requirements

² Hearing care services currently not available in Oklahoma

PacifiCare Perks[®] is provided by PacifiCare Health Plan Administrators, Inc. Special arrangements are only for PacifiCare enrollees whose plan benefits do not include products/services described or whose PacifiCare plan benefits covering these products/services have reached the allowable maximum. Vendor participation and actual, usual and customary charges may vary, exclude certain items or require additional charges. PacifiCare does not endorse or guarantee products noted. This program may not be available in all states or for all groups. Components subject to change.

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Oklahoma Only: Oklahoma Policy Numbers OKEOC2006, GHC-SMGRP-2006-OK, GHC-LGGRP-2006-OK and INDPPO-OK 10/04.

